

# Surviving Winter IN MILTON KEYNES

MK Community Foundation's **Surviving Winter Appeal** is raising greatly needed funds to help older and vulnerable people who will face the very real issue of whether they can afford to **HEAT** or **EAT** in Milton Keynes this winter.



Facing ever-increasing fuel bills and the prospect of another cold winter, our older and vulnerable people are most at risk



Winter weather takes a harsh toll on the health of older people. Last year there were over 25,400 excess winter deaths amongst the over 65s.



Over 5 million UK households are currently living in fuel poverty\* This includes **over 6,000** households here in Milton Keynes.



Age UK predict 200 older people will die **each day** in the UK this winter because of cold homes.



This is a national appeal, initiated by people who wanted to donate their annual Winter Fuel Payment\*\* to support elderly and vulnerable people who are less fortunate than themselves.

Here in Milton Keynes, we are urging local over 60s who receive, but don't rely on the payment, **TO DONATE IT**, but this is also a wider appeal to everyone, to give whatever they can afford, to help old and vulnerable people **"Survive Winter"**.

## How will the appeal help?

We have partnered with **Age UK Milton Keynes, The Foodbank, SSAFA Forces Help** and **YMCA Milton Keynes** to ensure the most vulnerable and older people they are in direct contact with, will benefit from the funds we raise.

**Money raised will fund: blankets and duvets, emergency food and clothing, kettles, hot water bottles, draft proofing, path clearance, door and window repairs.**

## How can YOU help?

Please give your support to this **urgent local appeal** and if you know others who may be willing to support us, please spread the word.

Working together we can help local people stay warm, eat well and remain mobile this winter.

**Call us on 01908 690 276**

**or online at [www.mkcommunityfoundation.co.uk](http://www.mkcommunityfoundation.co.uk)**

I would like donate to the **Surviving Winter Appeal**

Name

Address

Post code

Email

I enclose a cheque  £

(PAYABLE TO MK COMMUNITY FOUNDATION)

Are a UK tax payer? Boost your donation with Gift Aid

Please treat all gifts that I have made in the past six years and all future gifts of money that I make from the date of declaration as **Gift Aid Donations.**

Signature

Date

PLEASE RETURN TO:

**MK COMMUNITY FOUNDATION, ACORN HOUSE, 381 MIDSUMMER BOULEVARD, CENTRAL MILTON KEYNES MK9 3HP.**

\* **Fuel Poverty** – The inability to afford to adequately heat the home. Householders that spend more than 10% of their disposable income on fuel for health and comfort are classed as living in fuel poverty.

\*\* **The Winter Fuel Payment** is a universal benefit of between £125 and £400, made to everyone aged over 60 on the electoral roll during November and December.